Pain is the major complaint of the estimated one million U.S. consumers who use acupuncture each year. Although acupuncture is widely available in chronic pain clinics, the effectiveness of acupuncture for chronic pain remains in question. Our aim was to assess the effectiveness of acupuncture as a treatment for chronic pain within the context of the methodological quality of the studies. MEDLINE (1966-99), two complementary medicine databases, 69 conference proceedings, and the bibliographies of other articles and reviews were searched. The most common treatment (other than opioids) was CAM, reported by two-fifths of the sample. Discover the most effective ways to treat acute or chronic pain. Everything you need to manage your pain is here, in one handy place. Read more. Read less. Subjects. Chronic pain, Pain. Read more. Read less. View 1 Edition. The broader picture of pain. Edition Notes. Includes bibliographical references (p. [313]-320) and index. Other Titles. Pain relief. Classifications. Dewey Decimal Class. Chronic pain is one of the most common conditions for which cannabis is used to tackle symptoms. The herb has been used to treat sensations of pain for centuries, and is now legally available in numerous countries to treat painful conditions. Pain is a signal received by the brain from the nervous system to warn it of a potential threat in the external environment. There are two primary types of pain: acute and chronic. Acute pain refers to traumatic injuries such as muscle strains, bone fractures, burns, cuts, and wounds from surgery. Acute pain presents with sharp sensations, but is short-lived. Effective ways to treat osteoarthritis include the following: 1. Pain medications. Pain management is essential for people living with hip osteoarthritis. People can treat mild to moderate pain with over-the-counter pain relievers, such as acetaminophen and nonsteroidal anti-inflammatory drugs (NSAIDs). People who have moderate to severe osteoarthritis may experience more intense pain. A doctor will guide people through the available options before deciding on the best treatment to pursue. 5. Stem cell therapy. Stem cells are cells that have the potential to develop into a range of different cell types. While hip osteoarthritis can cause pain in the hip itself, the pain may sometimes radiate out to the following areas: the groin, the inner thigh.