Some Native American tribes were also much more agricultural, staying in one place year-round and farming the land, while other tribes were semi-nomadic, moving frequently from place to place as they hunted and gathered food for their families. This also affected what kinds of food they ate. Here is a general overview of some of the American Indian food sources and food gathering techniques the people developed over the years to fit these needs.

8. Native American Rain Stick craft. Traditionally Rain sticks were made out of hollowed and dried cacti which had their exterior thorns removed and hammered back in. Check out traditional Native American gatherings called powwows. This unique lesson plan combines in-depth information about the Gathering of Nations three-day event and other powwows that occur all across the country. Scholastic Native American History, Culture, and Present Times.

If you’re a parent or teacher of a young child and you want a great children’s book explaining Thanksgiving and the relationship between the Wampanoag tribe and the Pilgrims, I heartily recommend Richard Scarry’s The First Thanksgiving of Low Leaf Worm. Suggested reading.

Native American Facts for Kids. Provides instructions for making such traditional North American Indian crafts as dreamcatchers, beadwork, and cornhusk dolls. Free Shipping on all orders over $10.

Provides instructions for making such traditional North American Indian crafts as dreamcatchers, beadwork, and cornhusk dolls. Product Details. Format: Library Binding.