Joseph H. Pilates Archive Collection: The Photographs, Writings and Designs

By Sean P. Gallagher


**Reviews**

*Completely one of the best publication I actually have ever study. I really could comprehended almost everything out of this written e publication. Your daily life span will likely be change as soon as you total reading this publication.*

--- Prof. Adolph Wisoky

*The book is great and fantastic. Yes, it really is engage in, still an interesting and amazing literature. You wont feel monotony at at any moment of your respective time (that's what catalogs are for regarding if you request me).*

--- Daren Raynor II
The Pilates Legacy Project tracks the growth and evolution of the Pilates method from Joseph’s original students to the people who continue to keep the torch burning today. The Project is an ongoing, ever-growing Books to Borrow. April 12, 2015.

The book itself is of interest to hardcore, Pilates history buffs and does answer some questions on the development of the method and the extent the method was popularly known in the past. The work itself is on the light side, more like a picture book than a literary work. The book would have benefited from in-depth analyses and presentation which would have been possible considering the amount of material likely available to the authors.