
Neck Pain book. Read reviews from world’s largest community for readers. This comprehensive companion book for LOW BACK PAIN provides definitive coverage. Start by marking “Neck Pain: Medical Diagnosis And Comprehensive Management” as Want to Read: Want to Read saving… Want to Read. Neck pain imposes a considerable personal and socioeconomic burden; it is one of the top five chronic pain conditions in terms of prevalence and years lost to disability; yet it receives a fraction of the research funding given to low back pain. Although most acute episodes resolve spontaneously, more than a third of affected people still have low grade symptoms or recurrences more than one year later, with genetics and psychosocial factors being risk factors for persistence. Nearly half of people with chronic neck pain have mixed neuropathic-nociceptive symptoms or predominantly neuropathic symptoms. Neck pain is a common complaint presenting to primary, orthopedic, and other musculoskeletal specialists. The prognosis is very good for most patients. The clinician should perform a detailed history (which includes an assessment for red flags), perform a comprehensive examination, and obtain imaging studies only when supported by the history and physical examination. A working diagnosis based on the history and physical examination is often sufficient to guide the physician in determining a comprehensive treatment plan. This should be explained to the patient. Treatments include active physical therapy. Your doctor will take a medical history and do an exam. He or she will check for tenderness, numbness and muscle weakness, as well as see how far you can move your head forward, backward and side to side. Imaging tests. Your doctor might order imaging tests to get a better picture of the cause of your neck pain. Examples include: X-rays. X-rays can reveal areas in your neck where your nerves or spinal cord might be pinched by bone spurs or other degenerative changes. Download Citation | Low Back and Neck Pain: Comprehensive Diagnosis and Management: Third Edition | Previously published as two separate books, Low Back Pain and Neck Pain each considered a classic in its field. Low Back and Neck Pain, 3rd | Find, read and cite all the research you need on ResearchGate. Previously published as two separate books, Low Back Pain and Neck Pain each considered a classic in its field. Low Back and Neck Pain, 3rd Edition presents all of today’s best clinical knowledge on both of these areas in a single comprehensive, definitive volume.