The Appalachian–Blue Ridge forests are an ecoregion in the Temperate broadleaf and mixed forests Biome, in the Eastern United States. The ecoregion is located in the central and southern Appalachian Mountains, including the Ridge-and-Valley Appalachians and the Blue Ridge Mountains. It covers an area of about 61,500 square miles (159,000 km²) in: northeast Alabama and Georgia, northwest South Carolina, eastern Tennessee, western North Carolina, Virginia, Maryland, and central West Virginia and Over 114,000 acres of old-growth forests have escaped the axe (so far) in Southern Appalachia. Hike the ancient forests in your Blue Ridge backyard—and be a voice for their protection. That’s what I was told when I asked if there were any old-growth forests left in the South. Growing up in rural Western North Carolina, I was intrigued by the tales of the huge trees that once grew in my neighborhood. The thought that not one acre of forest had been left unlogged for me to enjoy saddened me, and didn’t fit with what I saw in the woods around me. Some steep, rocky areas and property boundaries had large and seemingly old trees. The more people I asked, the more complex the answers became. Southern Appalachian Celebration book. Read 4 reviews from the world's largest community for readers. With this stunning collection of images of the Southern Appalachians, James Valentine presents an enduring portrait of the region's unique natural character. His compelling photographs of ancient mountains, old-growth forests, rare plants, and powerful waterways reveal the Appalachians' rich scenic beauty, while Chris Bolgiano's interpretive text and captions tell the story of its natural history.